

## **Click [HERE](#) for Intuitive Art Journaling Materials List**

Table Cover

Art Journal suitable to your medium

(Mixed media paper will do for most purposes. People who love watercolours should look for a watercolour journal)

Markmaking Tools:

Crayons, Pencils, Paint Pens, Markers etc.

Ephemera:

According to taste and preference - a variety of papers (recycling, memorabilia, tissue papers, old books...)

Paints

Small tubes of acrylic, student grade watercolour paints, gouache - whatever you prefer

Brushes and other applicators

Some of your own old artwork

Adhesives

A selection of any of: Mod Podge, glue or a glue stick, tapes, acrylic medium,

Exacto knife and small cutting board

Scissors

Tracing or parchment paper

Optional:

Straight edge card or ruler, stencils, a few larger sheets of art paper to create a shield for the rest of your journal if you wish to keep it clean.