



Watercolor Food/ Desserts Supply List 🍰

www.markdishadesigns.com

Instagram: @markdishsha

1. **Fabiano Artistico Hot Pressed Paper** – 300 GSM / 140lbs (About 11 X 15-inch size) and some extra paper for testing and practice. I normally use Fabiano Artistico but feel free to bring any Hot pressed paper that you have (make sure it is at least 140lb in weight)
2. Lightweight sturdy board slightly larger than you wish to work to stretch/tape your paper on.
3. Plastic or ceramic watercolor palette with large area(s) for mixing color
4. Masking tape
5. Paper Towels or old cotton rag
6. Tracing Paper to transfer the drawing onto the watercolor paper.
7. Pencils: 2H or H pencil for drawing
8. Kneadable eraser
9. Brushes:
 - Round brush size 6 or 4 with a nice point.
 - Small detail brush
10. Paints: Artist quality watercolor paints are preferred for richer, lasting color. Bring an assortment of primary colors like red, blue, yellow and pink. No need to specially purchase new paints. If you have decent quality paints, feel free to bring those.
Recommended brands:
 - Winsor and Newton Professional
 - Winsor and Newton Cotman are also a great start
 - Van Gogh
 - Or bring what you already have
11. For your reference, the colors I use the most are.
 - Chinese Orange/ Burnt Sienna
 - Yellow Ochre
 - Permanent Rose
 - Lemon Yellow
 - Sap Green
 - Ultramarine blue
 - Primary Red
 - Winsor Yellow/ Indian yellow