



Suggested Materials List for Solvent Free Oil Painting Classes - By Cheryl-Ann Hills

Solvent-free means your use of oil paints is absolutely safe and non-toxic. Oil paints are non-toxic. Solvents are the toxic substances you want to avoid. This list is the minimum you will need for this class. Please use what you have on hand. I encourage my students to be creative using what they have available as often great things come from humble beginnings. Please contact me if you have questions: cherylanhillsartist@gmail.com 289 339 4047

Brushes and Tools - *I prefer flat brushes; you can use any brush you are comfortable with*

- 2-3 small paint brushes (similar to a Curry's brand size 4 or 6)
- 2-3 medium paint brushes (similar to a Curry's brand size 8 to 12)
- 1-2 large flat bristle paint brushes (similar to a Curry's brand size 16 to 20)
- A small round brush for detail
- Palette knife
- Palette for mixing paints and a large ziplock bag big enough to put your palette into
- Charcoal pencil or oil pastel for sketching

Paint Colours: *I use walnut oil based preferred M. Graham is the brand I use. Walnut oil is exceptionally low odor.*

- Titanium White
- A Blue either Cobalt, Prussian OR Cerulean
- A Yellow Cadmium OR Azo
- A Red Cadmium OR Naphthol red
- Raw Umber or another neutral brown (NOT burnt or sienna – these are too red)

Other supplies:

- A canvas board or stretched canvas; 16" x 20" for use during the entire session OR smaller 8 x 10 or 9 x 12 canvases to complete all in one day, **a large butterfly clip if using canvas boards**
- Paper towels or ***reusable rags** (**preferred for outdoor painting*) – *I use old towels cut smaller*
- **DO NOT bring or use solvents of any kind including Taltine nor turpentine**
- **Pure walnut oil or linseed oil – walnut oil is preferred as it has a low odor (*for thinning paint if needed)*

Optional:

I pre-tone my canvas before painting, usually with a red/pink tint. This is not mandatory but it's a nice thing to try if you have never done it. Simply mix white gesso with red acrylic paint. Apply to the canvas to cover it completely and allow to dry completely. It can take a couple days to dry.