

Abstract & Mixed Media Painting in Acrylics

Instructor: Karlene Bland

Here's my fun materials tool box:

-Acrylic paints (heavy body)

Best quality: Golden, Liquitex, Triart (Canadian) Can also use economical and very acceptable Amsterdam or Liquitex Basics or Deserres)

-Lemon Yellow or Cadmium Yellow pale or Winsor Yellow

-Cadmium Yellow Medium or Indian yellow or Primary Yellow(eg Amsterdam)

-Permanent Alizarin Crimson or Quinacridone Magenta (eg. Liquitex Basics)

-Cadmium Red or Naphthol Red or Scarlet Lake or Pyrrole Red

-Turquoise or Cyan or Turquoise Blue or Cerulean Blue

-Ultramarine Blue

-Titanium white

-Ivory Black or Mars Black

Optional Convenience colors:

-Pthalo Blue

-Dioxazine Purple

-Olive Green Light (eg., Amsterdam)

-Painting tools: Brushes (home depot cheap house paint brushes of various sizes, acrylic flat brushes #12, #8, kitchen spatula, twigs from garden, kitchen scrapers (or old credit cards), spray bottle,

-Palette (paper plates, saved grocery foam trays, etc), wet palette

-Substrates: Canvases in variety of sizes eg 8x10, 11x14, 16x20, 18x24:

bring at least two, to work on simultaneously while one is drying, (can paint on top of old acrylic paintings) or favourite paper (eg Deserres Fabriano Mixed Media or Watercolour paper pads (140 lbs) or Strathmore paper pad for acrylic 140 lbs or wood panels in any size, eg 8x10, 11x14, 16x20

-Mediums: white gesso, matt, and any other kind you have

-Tray (aluminium roasting pan, foam tray, cardboard) to carry home any wet paintings flat

- **Miscellaneous and optional:** coloring pencils, black china marker, scrap-book pattern paper, oil pastels, magazines, plastic or metal palette knife

- Favourite **Images/Photos** of Landscapes, flowers, etc