

### **Cathy Lorroway Pastel Materials List:**

**Please note that I will explain pastel materials the first class. Pastels are very tactile and a personal choice. Please note that [www.dakotapastels.com](http://www.dakotapastels.com) offers sampler sets.**

**Locally, DeSerres and Curry's are your best resource.**

**Pastels** - either a simple set or a handpicked selection of soft chalk pastels (as opposed to oil pastels).

Pastels are very tactile and you will find the brand and softness that you prefer. Buy the best quality that you can afford.

A good starter pack are Sennelier mini pastels. There are a number of brands and a range of prices... Faber-Castell, Holbein Diane Townsend, Rembrandt and NuPastel offer good quality sets.

If purchasing separately, select a palette to include a light, medium and dark value of each. A sample palette might include red Cadmium red light (an reddish orange colour), blue (mid tone cobalt or french ultramarine) , yellow (Hansa Yellow) green (Sap Green, Bright Green Gold), orange (Cadmium) , purple ( Dioxazine Purple), white (Titanium). Also a quinacridone pink (a purplish pink) and a hard pastel stick in a mid tone Cobalt blue or French ultramarine. Try to include a few very soft ones eg. Terry Ludwig or Sennelier in your collection.

It is helpful to have some harder pastels e.g. NuPastel sticks (sold individually as well as in sets) to define edges and for initial sketches.

It is helpful to buy pastel pencils e.g. Stabilo CarbOthello brand or Faber Castel Pitt Pastel. It is cheaper to buy these individually. It is helpful to also buy a pastel pencil sharpener, which is a bit wider than regular sharpeners, if you are not planning to sharpen your pastel pencils with a matt knife.

NB. Keep your pastels in their foam lined carrying cases for safety. Fabric land sells thin foam for lining of boxes, IKEA trays etc.

**Papers** – Please note that we will be working fairly small on location e.g. 8 x 10" or 9 x 11".

Sanded pastel papers with tooth and texture. They should be acid free. The paper type and colour is your choice. Here are some suggestion: U-art Pastel Premier, Pastel Mat, Jack Richeson, Art Spectrum, Canson. Or any other pastel paper that has a 'sanded surface'. Please note that Sennelier paper will not work with a wet medium.

Spectra fix - (optional - Available in most art stores) or 70 to 100% Isopropyl Rubbing alcohol (e.g available in pharmacy)

A small jar with lid, a water container e.g. plastic yogurt container or jam jar

A few paint **synthetic\*** brushes for working with pastel wet. Variety of sizes of soft synthetic brushes to use for blending..... stiffer bristle brushes e.g. #3 for removing excess pastel dust. (Use synthetic brushes for alcohol or spectra fix applications as the sanded tooth of pastels surfaces will break down the bristles of regular bristle brushes).

Painter's Tape 1.5" wide or bulldog clips to fasten your paper to board to secure your paper.

Tombow Sanded Eraser for ink and/or Magic Eraser

Viewfinder

Soft cloths or paper towels

Paper stumps in a variety of sizes

Small Sketch book for thumbnail sketches and value studies on location, pencil, A black flexible tipped marker, white eraser, small ruler

Easel

Transporting box e.g. pizza like box or plastic carrying case to put your final pastel in.

( Micheal's sells these).

**Safety:**

Barrier cream e.g. glove in a box, available at Lee Valley and some drug stores.

You may wish to use close fitting latex gloves.

mask

Apron. NB take off your apron only in your studio as dust will spread wherever you remove it.

Wet wipes

NB Simple Solution Extreme Stain and Odor remover will get pastel pigment stains out of clothes and carpet.