

### **Cathy Lorroway Pastel Materials List:**

Pastels - either a simple set or a handpicked selection of soft chalk pastels (as opposed to oil pastels). There are a number of brands and a range of prices. A good starter set is the Sennelier minipastel or half pastel box of 20. Jack Richeson, Faber-Castell, Holbein Diane Townsend, Rembrandt, Unison and NuPastel offer good quality sets. Please note that unlike other art supplies, pastels don't really deteriorate with age, so if you happen upon a second hand set it could be a viable option.

You might also find it better value to purchase individual pastel sticks while you are deciding on which pastels you prefer as they differ in size, shape, pigment and pumice stone quality as well as softness and hardness.

If purchasing separately, select a palette to include a light, medium and dark value of each. A sample palette might include red Cadmium red light (an reddish orange colour), blue (mid tone cobalt or french ultramarine), yellow (Hansa Yellow) green (Sap Green, Bright Green Gold), orange (Cadmium), purple (Dioxazine Purple), white (Titanium) and black. Also a quinacridone pink (a purplish pink) and a hard pastel stick in a mid tone Cobalt blue or French ultramarine and dark Eggplant purple comes in handy. Try to include a few very soft ones eg. Terry Ludwig, Jack Richeson or Sennelier in your collection. You may find some relatively harder Nupastel or Rembrandt pastels also come in handy.

I also use **pastel pencils** for drawing in my working in and for fine details. These can be purchased individually. A good brand is Stabilo CarbOthello.

**NB Dakota fine art offers sampler sets of pastels and papers.**

**<https://www.dakotapastels.com/products/Pastel-Samplers> 888-345-0067 info@dakotapastels.com**

NB. Keep your pastels in their foam lined carrying cases for safety.

**Papers** – Sanded pastel papers with tooth and texture. The paper type and colour is your choice.

Here are some suggestions: Uart, Pastel Premier, Pastel Mat, Jack Richeson, Art Spectrum, Canson (ok but not recommended). Or any other pastel paper that has a 'sanded surface'. You can buy larger pieces and cut them down to smaller sizes. These are sold in grades. Lower number means rougher tooth surface and better for more layers. I like Uart 400.

Please note that Sennelier paper will not work with a wet medium.

**We will try to do approximately 1 final piece each class with some technique studies done on separate paper.**

We will be trying out watercolour paper (one piece, heavier the better but 140lb is ok) and matt board (inside 8 x 10 or smaller cuts of board used from framing) so you could also try to find one of those from your local framer or art store.

- Spectra fix - (optional – Non toxic fixative Available in most art stores) preferred but 70% alcohol ok.
- A small jar with lid, a water container e.g. plastic yogurt container
- A few paint soft brushes for working with pastel wet. Synthetic brushes are best.

- Variety of sizes of soft watercolour brushes to use for blending, stiffer bristle brushes for removing excess pastel dust.
- Neutral coloured masking tape or bulldog clips to fasten your paper to board to secure your paper.
- Drawing Board: this could be a Masonite board ½ inch thick from the Hardware store.
- Tombow Sanded Eraser for ink or ink eraser
- Kneaded eraser
- Soft cloths or paper towels
- Paper stumps in a variety of sizes
- Sketch book, pencil, A black flexible tipped marker, white eraser, ruler
- A large pad of newsprint with two or three large clips - economical and works well both as a smooth surface to work over, and as a means of transporting your drawings (between the pages).
- Apron
- Barrier cream: e.g. Gloves in a Bottle (sold at Lee Valley and elsewhere).
- Close fitting latex gloves (I find the black ones fit my hands best)
- Wet wipes
- Toilet paper roll to clean pastels

### **Optional**

For textured experiments: Clear gesso, Fine pumice gel (Golden)

- Plastic table cover to save your workspace
- Recommended to have piece of carpet under where you will be working in case of dropped pastels
- Cardboard, tinfoil etc. holder on your easel to catch dropping pastel dust.