

**Improve Your Paintings
McBrine**

Instructor: Laurel

<http://www.art.laurelmcbrine.com>

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***Items in italics are optional*

Bring to first class:

Notebook and pen for taking notes

Sketchbook (11x14)

Winsor & Newton willow charcoal, kneaded eraser, *charcoal pencils*

OR graphite pencils, white eraser

12" ruler, scissors

Photographs: **Your own photos that you have taken yourself**, printed in black/white on 8.5 x 11 paper. You can use a square or rectangular format in the proportions of your canvas/board. You can work from your laptop screen for colour, but it is still necessary to have a printout of your subject to assist in drawing unless you are confident in your drawing skills.

*If you are confident in your drawing skills, you may work larger and skip the photocopy (which is a tool to help with that) so you may not need as many canvases as you will spend more time on a larger piece.

REGARDING PAINTS...use what you have, but for those who need materials, here are some recommendations:

OIL PAINTERS:

Indian Yellow (Winsor & Newton)

Cadmium Yellow Light

Transparent Red Medium (Rembrandt) and/or Cadmium Red Medium

Permanent Rose

Ultramarine Blue

Phthalo Blue

Burnt Sienna or Raw Umber

Titanium White

If you already have oil paints, use what you already own. *Optional colours: Lemon Yellow, Alizarin Crimson, Cadmium Orange, Dioxazine Purple, Raw Sienna, Yellow Ochre, Sap Green, Viridian Green, Shiva Ice Blue (Richeson)*

OTHER SUPPLIES

Gessoboards or stretched canvas in 6x6, 8x8 or 8x10 if you wish to complete in a single session. If you are a fast painter, you may need one support per class or choose a larger canvas and work on your paintings over more than one class. You learn more by doing lots of small pieces.

If using canvas boards, to improve this surface, I like to put another coat of **acrylic gesso**. You can also use gessoed hardboard, canvas paper or primed un-stretched canvas taped to a board.

Brushes: Bring what you have, but at least one synthetic brush similar to **Winsor & Newton Monarch Flat size 14**, medium size and with a sharp edge. You can add a larger **8 or 10 Silver Bristlon** - I know, the sizing does not make sense! One small synthetic flat or round is nice for final details and signing the painting. Bigger canvases = bigger brushes!

Palette: I like a good sized Medium tone **wood palette** (grey is best) **OR** large size (12x16) **grey paper palette** and 1/8" MDF board to tape it to

Palette knife, diamond shape blade, approximately 1.5 inch

Medium: **M. Graham walnut oil** (I put this in a urine container)

Brush Cleaner: **Safflower oil** or other vegetable oil in a sealed container

Table easel if you have one and like to sit, otherwise a **clamp** to help small attach canvas/panel to the school's metal easel....Big canvas = stand up!

Paper towels: **Viva** brand paper towel is the best **OR** cut up old t-shirts

Brush washer that seals so it won't leak (I often use a small urine container, get one free from your MD office)

Plastic wrap, Plastic trash bag, old phone book if you have one around!

Wipe Out Tool

https://www.currys.com/product.htm?Product=AA17309&Source=Category&Category=ART_ALTERNATIVES_MODELING_TOOLS

ACRYLIC PAINTERS (but I recommend oils as I will demo in them):

Bring the supplies you have with similar colours to those listed above. A warm and cool yellow, red and blue.

Lemon Yellow

Cadmium Yellow Medium

Medium Red

Permanent Rose or Magenta

Ultramarine Blue

Phthalo Blue

Optional: other

colours!

Large container of thick white gesso (Golden or Liquitex are good brands)

Gel medium, gloss medium or matte medium

Large palette – I like a Masterson box or tape wax paper over a masonite board

Variety of synthetic brushes, ½” and 1” wide flats are the basics, go larger for larger canvases.

Paper Towels (Viva is the best)

Large plastic water container and spray bottle, trash bag, small easel if sitting